

CURRIES

Chicken	£10.90
Lamb	£11.90
Keema <i>Minced lamb</i>	£11.90
Prawn	£14.90
King Prawn	£15.90
Chicken/Lamb Tikka	£12.90
Tandoori Chicken	£12.90
Mixed	£11.90
<i>Meat, chicken & prawns</i>	
Mixed Tikka	£13.90
<i>Lamb tikka, chicken tikka & king prawns</i>	
Vegetable	£10.90
Paneer	£12.90
Paneer Tikka	£13.90

Choose from:
Curry/Madras/Vindaloo/
Tindaloo/Phal
Bhuna *(Medium)* Onions, tomato,
capsicum, coriander, fresh garlic, ginger
Dupiaza *(Medium)* Chunky onions,
fresh garlic, ginger & coriander
Dansak *(Hot, Sweet & Sour)* Lentils,
pineapple and lemon juice
Rogan Josh *(Medium)* Onions,
fresh garlic, ginger & topped with
spiced tomatoes
Pathia *(Sweet & Sour)* Mango
chutney, lemon juice & hot spices
Ceylon *(Hot)* Coconut powder,
lemon juice & hot spices
Masalla *(Medium)* Egg, onions,
green peppers & tomatoes
Kashmir *(Mild)* Bananas & cream
Spinach *(Medium)* Onions, pepper,
tomatoes & spinach
Kurma *(Mild)* Coconut & cream
Methi *(Medium)* Onions, tomatoes,
peppers & methi leaves
Malaya *(Mild)* Pineapple & cream

KARAI

Cooked with fresh herbs, spices, onion,
capsicums, garlic and fresh coriander.

Chicken	£11.90
Lamb	£11.90
Chicken Tikka	£12.90
Lamb Tikka	£12.90
Tandoori Chicken	£13.90
Prawn	£14.90
King Prawn	£15.90
Vegetable	£10.90
Mixed	£12.90
<i>Lamb, chicken and prawns.</i>	
Mixed Tikka	£13.90
<i>Lamb tikka, chicken tikka & king prawns.</i>	
Paneer <i>Indian Cheese</i>	£12.90
Paneer Tikka	£13.90
<i>Indian Cheese</i>	

JALFREZI

Cooked green peppers, onion,
coriander, herbs, spices & green chilli.
Fairly hot.

Chicken	£11.90
Lamb	£11.90
Chicken Tikka	£12.90
Lamb Tikka	£12.90
Tandoori Chicken	£13.90
Prawn	£14.90
King Prawn	£15.90
Vegetable	£10.90
Mixed	£12.90
<i>Lamb, chicken and prawns.</i>	
Mixed Tikka	£13.90
<i>Lamb tikka, chicken tikka & king prawns.</i>	
Paneer <i>Indian Cheese</i>	£12.90
Paneer Tikka	£13.90
<i>Indian Cheese</i>	

BIRYANI

A dish specially introduced during the
Mogul Empire. Prepared with rice and
served with vegetable sauce.

Special Biryani	£16.90
<i>Sliced chicken tikka, sheek kebab, king prawn, boiled egg, potato and onions.</i>	
Persian Biryani	£14.90
<i>Diced chicken or lamb tikka with chick peas, onion and pepper.</i>	
Chicken Biryani	£13.90
Lamb Biryani	£13.90
Tandoori Chicken Biryani	£13.90
Prawn Biryani	£14.90
King Prawn Biryani	£15.90
Vegetable Biryani	£12.90
Chicken Tikka Biryani	£13.90
Lamb Tikka Biryani	£13.90
Paneer Tikka Biryani	£13.90
Mixed Biryani	£13.90
<i>Lamb, chicken and prawn.</i>	
Mixed Tikka Biryani	£14.90
<i>Chicken tikka, lamb tikka & king prawn.</i>	



VEG DISHES

	Main	Side
Special Vegetables	£9.90	£5.90
<i>Lentils, saag (Spinach), mushroom cooked with fresh onions, tomatoes, peppers, fresh garlic, ginger, medium spices and fresh coriander.</i>		
Mixed Dry Vegetables	£8.90	£5.90
Aloo Gobi	£8.90	£5.90
<i>Cauliflower & Potatoes</i>		
Cauliflower Bhaji	£8.90	£5.90
Saag Bhaji	£8.90	£5.90
<i>Spinach</i>		
Mushroom Bhaji	£8.90	£5.90
Tarka Dall	£8.90	£5.90
<i>Lentils, butter & garlic</i>		
Bombay Aloo	£8.90	£5.90
<i>Potato cooked in spices</i>		
Saag Aloo	£8.90	£5.90
<i>Potato & spinach</i>		
Channa Aloo	£8.90	£5.90
<i>Chick peas & potatoes</i>		
Mix Veg Achari	£8.90	£5.90
<i>Indian pickle</i>		
Brinjai Bhaji	£8.90	£5.90
<i>Aubergines</i>		
Saag Paneer	£9.90	£6.90
<i>Spinach & Indian cheese</i>		
Mattar Paneer	£9.90	£6.90
<i>Peas & Indian cheese</i>		
Chilli Paneer	£9.90	£6.90
<i>Indian cheese</i>		
Ginger Paneer	£9.90	£6.90
<i>Indian cheese</i>		

SAUCES

	Small	Large
Curry Sauce	£6.90	£8.90
Bhuna Sauce	£6.90	£8.90
Dupiaza Sauce	£6.90	£8.90
Kurma Sauce	£6.90	£8.90
Rogan Sauce	£6.90	£8.90
Vindaloo Sauce	£6.90	£8.90
Madras Sauce	£6.90	£8.90
Tikka Masalla Sauce	£6.90	£8.90

ENGLISH DISHES

Fried Chicken & Chips £12.90
Fried chicken accompanied green peas
and tomatoes served with chips.

SUNDRIES

Boiled Rice	£3.50
Pilau Rice	£3.90
Keema Rice <i>Mince Lamb</i>	£4.50
Egg Rice	£4.50
Special Rice	£4.90
<i>Mushroom, peas & egg</i>	
Garlic Rice	£4.50
Lemon Rice	£4.50
Mushroom Rice	£4.50
Onion Rice	£4.50
Vegetable Rice	£4.50
Sultana Rice	£4.50
Ghee Rice <i>Nuts & Sultanas</i>	£4.90
Coconut Rice	£4.50

BREADS

Nan	£3.50
Keema Nan <i>Mince Lamb</i>	£3.90
Peshwari Nan	£3.90
<i>Sweet coconut & sultana</i>	
Garlic Nan	£3.90
Cheese Nan	£4.50
Cheese & Garlic Nan	£4.50
Chilli & Garlic Nan	£4.50
Chilli & Donya Nan	£4.50
Special Nan	£4.90
<i>Onion, green chilli, garlic, pepper & fresh dania</i>	
Kulcha Nan	£3.90
<i>Onions, methi leaves and peppers</i>	
Chilli Nan	£3.90
Tandoori Roti	£3.50
Chapati	£1.90
Paratha Fried	£3.50
Chips	£3.50
Mixed Raita	£3.00
<i>Onion or cucumber</i>	
Plain Raita <i>Plain Yoghurt</i>	£2.50
Green Salad	£2.50

DRINKS

Large Bottle	£3.00
<i>Coke, Diet Coke, Lemonade</i>	

ALLERGENS & INTOLERANCES

PLEASE NOTE: MOST OF OUR DISHES CONTAIN ALLERGENS. PLEASE ASK
ABOUT YOUR MEAL WHEN ORDERING AND WE WILL BE HAPPY TO ADVISE.
MANAGEMENT RESERVES THE RIGHT TO REFUSE SERVICE WITHOUT REASON.
Email: jaflonglounge@gmail.com



Est 1998

JAF LONG

Finest Indian & Bangladeshi Cuisine
RESTAURANT - TAKEAWAY

Fully Licensed And Air Conditioned

10% DISCOUNT

AND FREE PAPADOM FOR EVERY MAIN COURSE
on collection orders over £25

DELIVERY SERVICE AVAILABLE

Delivery within 6 mile radius on orders over £20 from 5.30pm - 10.00pm
Up to 2 miles - £2 charge / Up to 3 miles - £3 charge / Up to 6 miles - £4 charge

OPENING HOURS

Sun - Thur: 5.30pm till 11.00pm // Fri & Sat: 5.30pm till 11.30pm
INCLUDING BANK HOLIDAYS

GIFT VOUCHERS AVAILABLE



Back To Our Original Location! Our New Permanent Home!

182 Northfield Road, Sheffield S10 1QU

CALL TO ORDER 0114 266 1802

CASH, CREDIT & DEBIT CARD PAYMENTS ACCEPTED



Order Online
JAF LONG.CO.UK

SCAN HERE TO GO DIRECTLY TO OUR
WEBSITE AND ORDER ONLINE



APPETIZERS

Onion Bhaji	£4.50	Aloo Chop	£4.90
Onions balls mixed with spiced gram flour then deep fried.			
Lamb Chops	£5.90	Tandoori Mix	£5.90
Spicy lamb chop cooked in tandoor.			
Mixed Kebab	£5.50	Paneer Tikka	£5.90
Sheek kebab, onion bhaji, shammi kebab.			
Mixed Bhaji	£4.90	Paneer Pakora	£5.50
Vegetable samosa, onion bhaji, aloo chop.			
King Prawn		Chicken Chat	£5.50
Bhuna Chat	£6.50	Chicken Tikka Chat	£5.50
Cooked with onions, green pepper, spices, served on pastry bread and accompanied with salad.			
Bode Kebab	£5.50	Lamb Chat	£5.50
Keema kofta & lamb tikka			
Chicken Liver	£5.50	Lamb Tikka Chat	£5.50
Mixed Starter	£6.50	Cooked with onions, green peppers & spices, served in a pastry and accompanied with salad.	
Consists of sheek kebab, chicken tikka, onion bhaji & tandoori chicken wings.			
Chicken Tikka Pakora	£5.50	Garlic Mushroom Chat	£4.90
Chicken tikka in batter sauce			
Samosa	£3.90	Sliced mushroom cooked with extra garlic in a bhuna style, served on a pastry bread & accompanied with salad.	
Meat or vegetable			
Chingri Sizzler	£6.50	Cod Fillet	£6.90
King prawns cooked with onions, green pepper, potatoes & spices.			
Tandoori King Prawns	£6.50	Cod fillet with onions, green pepper, red pepper, tomato and spices.	
King prawns marinated in yoghurt, cooked over charcoal.			
Sheek Kebab	£4.90	Prawn Puree	£4.90
Minced lamb cooked over charcoal on skewers, served with salad.			
Chicken Tikka	£4.90	Chicken Puree	£4.90
Diced prime chicken marinated in yoghurt, cooked over charcoal and served with green salad.			
Lamb Tikka	£4.90	Paneer Puree	£4.90
Diced lamb marinated in yoghurt, cooked over charcoal & served with green salad.			
Tandoori Chicken	£5.50	Paneer Bhuna Chat	£4.90
Quarter spring chicken marinated in yoghurt, cooked over charcoal and served with green salad.			
		Popadom	£0.80
		Spiced Popadom	£0.90
		Chutney Tray	£3.50
		Mint sauce, onion salad, mango chutney & lime pickle	
		Onion Salad	£0.90
		Mint Sauce	£0.90
		Mango Chutney	£0.90
		Lime Pickle	£0.90
		Red Sauce	£0.90

BALTI DISHES

Onion, green pepper, red pepper, tomato, herbs, garlic, ginger and coriander cooked together in a balti sauce.

Choose from Sag/Garlic/Methi/Mushroom Channa/Chilli & Brinjal +80p each item

Chicken	£11.90	Vegetable	£10.90
Lamb	£11.90	Mixed	£12.90
Chicken Tikka	£12.90	Lamb, chicken and prawns.	
Lamb Tikka	£12.90	Mixed Tikka	£13.90
Tandoori Chicken	£13.90	Lamb tikka, chicken tikka & king prawns.	
Prawn	£14.90	Paneer	Indian Cheese £12.90
King Prawn	£15.90	Paneer Tikka	£13.90
		Indian Cheese	

CHEFS SPECIALS

Kali Mirchi	£13.90	Rajastani Special	£16.90
Breast chicken cooked in clay oven bhuna style with hot spices & green chilli.			
Jal Jinga	£15.90	Boneless cod fish, king prawn, chicken tikka, lamb tikka and potato cooked with onions, peppers, fresh coriander and chef's own spices. Garnished with fried onions & fresh coriander.	
King prawns, bhuna style, with green chilli and hot spices.			
Ajob	£11.90	Zorda Aloo	£12.90
Chicken or Lamb Medium spices with peeled tomatoes giving a tangy flavour.		Sliced chicken or lamb tikka in a medium spiced bhuna style sauce with crispy potato topping.	
Chef's Special Jalfrezi	£13.90	Goan Curry	£12.90
King prawn, marinated chunky chicken tikka and lamb tikka barbecued in clay oven and prepared with green chilli, capsicum, fresh tomatoes, onion, garlic, ginger with hot spices and garnished with fresh coriander.		A choice of chicken or lamb cooked bhuna style in a hot, sweet & sour sauce consisting of coconut, sugar & chilli powder. An authentic Goan dish!	
Chef's Special Karahi	£13.90	Fangash	£15.90
A combination of chunky chicken tikka, lamb tikka and potatoes simmered in herbs and Chef's special spices, fresh onions, capsicums, tomatoes, garlic and ginger, a hint of fresh coriander to create a mouth watering dish!		Karahi/Jalfrezi/Bhuna Bangladeshi fish, off the bone, with onions, tomatoes, green peppers and potato in Chef's own spices.	
Chef's Special Bhuna	£13.90	Cod	Karahi/Jalfrezi/Bhuna £15.90
Chunky chicken tikka, chunky lamb tikka, king prawns, green peppers, onion, fresh tomato, fresh coriander, ginger & garlic.		Cod fish, onions, tomatoes, potatoes, green peppers in Chef's own spices.	
Duck	Karahi/Jalfrezi/Bhuna £14.90	Baruchi £12.90 Chicken or lamb cooked with potatoes, onions, peppers & tomatoes in medium sauce garnished with crispy fried onions.	
Off the bone duck, onion, tomatoes, peppers in Chef's own spices.			
Lamb Chop Karahi / Bhuna / Jalfrezi	£14.90	Chicken Manchurian £12.90	
Lamb chops simmered in herbs & spices, with fresh onions & tomatoes, garlic, ginger & fresh capsicums blended into a thick sauce along with cumin, a hint of fresh coriander, potato & garam massala to create a mouth watering dish.		Slightly hot dish with sliced chicken tikka, julienne peppers and onions in a specially spiced tikka massala sauce.	
Chef's Special Balti	£13.90	Chilli	Chicken or Lamb £11.90
Chunky chicken & lamb tikka, king prawn, mushroom, onions, green peppers, tomato, fresh coriander, ginger and garlic with Chef's special spices.		Chicken or lamb dish cooked with plenty of green chilli, exotic hot spices and herbs.	
		Garlic Chilli Masalla	£12.90
		Chicken or lamb with onion, plenty of garlic and green chilli.	

NEW SELECTION

Seabass	Karahi/Jalfrezi/Bhuna	£16.90	Roasted Lamb Shank	£16.90
Off the bone seabass fillets with onion, coriander, tomatoes, green pepper, chef's special spices in your choice of sauce.			Roasted whole lamb shank cooked in a choice of Karahi, Jalfrezi or Bhuna sauce with sliced onions, garlic, ginger, fresh tomatoes and selected special herbs and spices, garnished with fresh coriander.	
Shab	Chicken or Lamb	£13.90	Jaflong-Koli £16.90 A superb dish cooked with a mix of king prawn, prawns and paneer with fresh coriander, fresh garlic, specially selected spices, garnished with fried onions on top.	
Sliced chicken or lamb tikka cooked with chunky onions, green chilli, fresh coriander, freshly sliced garlic and Shab's own spices.				
Sil Sila	Chicken or Lamb	£13.90		
Sliced chicken or lamb tikka with garden mint, green chilli, fresh garlic, specially prepared onions and coriander.				

TIKKA MASALLA SPECIALS

Onion, green pepper, coconut, yoghurt & masala spices.

Chicken Tikka Masalla	£11.90
Lamb Tikka Masalla	£11.90
Tandoori Chicken Masalla	£13.90
King Prawn Tikka Masalla	£15.90
Prawn Tikka Masalla	£13.90
Paneer Tikka Masalla	£13.90
Mixed Tandoori Masalla	Chicken tikka, lamb tikka & king prawn £13.90
Vegetable Tikka Masalla	£10.90

JAFLONG SPECIALS

Lamb Hamza	£13.90	Makhani	£11.90
Long pieces of lamb tikka, onions, red & green peppers, fresh coriander and chef's own sauce.			
Chef's Plaza	£13.90	Chicken Tikka or Lamb Tikka	
Diced lamb cooked in creamy curry sauce with grilled tomato.			
Jaflong Punjab Taj	£13.90	Tikka Passanda	£12.90
Chicken Tikka or Lamb Tikka			
Cooked in oriental spices with fresh cream, onions, green peppers, coconut and sugar, sultanas, nuts and ribena.			
Sliced chicken tikka, spiced bhuna style and garnished with cheese.		Akbar Chicken	
Handi Chicken	£13.90	Tikka Sag	£11.90
Cooked in medium spices with spinach and mushrooms, onions, pepper and tomatoes.			
Onion, green peppers, red peppers, tomatoes & chef's own spices.		Special Butter	
Chicken or Lamb		Chicken	£14.90
Tikka Shiraz	£13.90	Chicken tikka or lamb tikka cooked with onions, tomatoes, peppers and a medium to mild dish with butter sauce.	
Cooked with chef's own spices, red peppers, green peppers and tomato then topped with mango chutney.			
Jaflong Special		Garlic	Chicken or Lamb £11.90
Bengal Tiger	£14.90	Cooked with fresh herbs, spices, fresh garlic, fresh coriander and tomatoes, bhuna style.	
Sliced chicken tikka and lamb tikka, sliced onion, sliced green peppers, fresh tomato, fresh coriander, green chilli, fresh garlic and Chef's special spices.			
Shahi Jaflong	£13.90	Prawn Garlic	£14.90
Cooked with fresh herbs, spices, fresh garlic, fresh coriander and tomatoes.			
Combination of chunky chicken tikka, lamb tikka, mushrooms, mince lamb, king prawn, prepared with fresh onion, capsicum, tomatoes, fresh garlic, ginger and medium spices to produce an exotic dish.			
Jaflong Special		King Prawn Garlic	£15.90
King Prawn	£16.90	Cooked with fresh herbs, spices, fresh garlic, fresh coriander and tomatoes	
King prawn, onion, green pepper, fresh tomato, fresh coriander, green chilli, garlic & ginger, Chef's special spices.			
Mango Delight	£11.90	Mix Garlic	£12.90
Prawn, chicken & lamb cooked with fresh herbs, spices, fresh garlic, fresh coriander & tomatoes.			
Chicken tikka or lamb tikka with masala sauce & mango pulp.			
		Mix Tikkka Garlic	£13.90
		Chicken tikka, lamb tikka and king prawn cooked with fresh herbs, spices, fresh garlic, fresh coriander and tomatoes.	

TANDOORI DISHES

Tandoori Mixed Grill £25.90	Bengal Tikka £14.90
Lamb tikka, chicken tikka, sheek kebab, tandoori chicken, king prawn with pilau rice or plain nan and bhuna sauce	Sliced chicken or lamb tikka stir fried with chickpeas, onions, green & red peppers. Served with green salad & mint sauce.
Lamb Mixed Grill £14.90	Tandoori Lamb Chops £14.90
Combination of spicy lamb, sheek kebabs & lamb chops served with salad.	Lamb chops marinated in tandoori spices and cooked in clay oven over charcoal. Served with fresh salad.
Chicken Mixed Grill £14.90	Spicy Tikka £14.90
Combination of chicken tikka, chicken wings and tandoori chicken served with salad.	Chicken tikka or lamb tikka cooked with onions, peppers, fresh garlic & green chilli.
Chicken Tikka £12.90	Tandoori King Prawn £16.90
Chicken marinated in tikka sauce, cooked over charcoal and served with salad.	King prawns grilled with spices and served with salad.
1/2 Tandoori Chicken £13.90	Shaslic Chicken or Lamb £14.90
Chicken grilled with exotic spices & herbs, served with salad.	Cooked with fresh onions, tomatoes and green peppers.
Lamb Tikka £13.90	Paneer Tikka £14.90
Lamb marinated in tikka sauce and cooked over charcoal, served with salad.	Diced Indian cheese marinated in tikka sauce, cooked over charcoal and served with salad.
Mixed Tikka £14.90	
Diced chicken and lamb marinated in tikka sauce and cooked over charcoal, served with green salad & mint sauce.	